



# THE ENCOUNTERER

An Information Service of the Golden Gate FOUNDATION for GROUP TREATMENT, INC.

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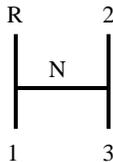
Editor: FH Ernst Jr, MD

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**NOTICE:** The reader will note the Foundation's new emblem. Credit is given to my son, Frank "Harry" Ernst, for his creativeness in designing this new, now official, insignia of THE FOUNDATION. As far as this writer knows, this style of emblem is unique for an organization. Thank you, Harry, for your programmed creativity in this mark & for your act of leaving this, your mark, on the Foundation to have it become the Foundation's own mark.

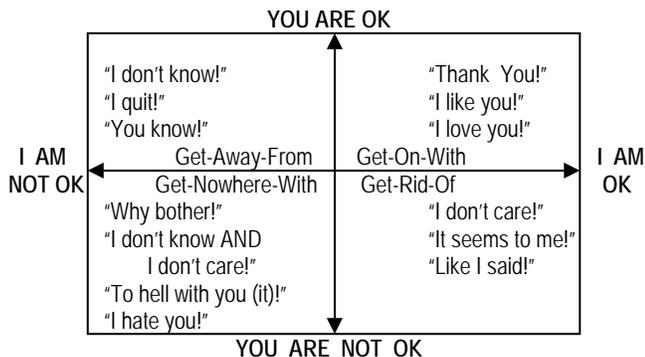
**CONTRIBUTED FORMULATION:** The difference between the activities of the Adult & Child is compared to the different ways that a person might operate a car with a standard gear shift lever. The hot-rodder goes in high gear at high speed and often has no destination in mind. The responsible driver holds the lever in neutral while planning his itinerary. He has a destination with a purpose in mind, plans how to get there, & chooses the best route.



Reality data is processed best while in a neutral frame of mind. When the judgments of the Adult are carried into action, he proceeds in number one or low gear. If his judgments turn out to be wrong, he can easily stop; shift back into neutral, or back out of the situation, if necessary. When the Adult becomes more certain that his actions will satisfy his entire PAC, he can shift into second gear. Third or high gear is used as the outcome of his actions becomes clearer and he gets the show on the road.

Richard C Nicholson, Chief US Probation Officer

**FORMULATION:** The Grid for Get-On-With has a new name: "The OK Corral," also known as "The Ernst OK Corral"(per S.Karpman). The readers who have seen it in past Encounterers are now also referred to the T.A. Journal, October 1971. Phrases indicative of particular (dynamic) social operations are shown below in "The OK Corral."



**PUBLICATION:** "Handbook of Listening, Transactional Analysis of the Listening Activity" (Manuscript form) by F.H. Ernst, Jr., M.D., 162 pages, 27 new diagrams. This HANDBOOK deals with the Transactional Analysis of the Listening Activity. It is an expanded version of the out of print "ACTIVITY OF LISTENING" (19 pages), which unadvertised, sold 2,000 copies. Chapter 6 of the new HANDBOOK, "Analysis of Game Moves," contains new theory and includes practical descriptions of listener contributions to game transactions. Available from the FOUNDATION -- \$5.00.

**MEETING REPORT:** The 8th Annual Winter Congress for the Advanced Membership of the Int'l Transactional Analysis Association was held at the Cosmopolitan Hotel in Denver, Colorado, 1/7-9/72. Hosted by the Denver Area TA Seminars, Dir. Jon Weiss, PhD., the Congress was attended by 100 of the Advanced members. Compared to two years before, this was a four-fold increase. The 1st Winter Congress, held at the urging of R. L. Goulding in March 1965, was attended by 12 Advanced members of the ITAA.

Jack Dusay announced that at the present rates of growth of (1) the ITAA and (2) that every person in North America would be a clinical member of the ITAA by the year of 3200 AD.

Organized training programs in TA, led by Advanced members, are now transcontinental and global, e.g., Argentina, Denmark, India, etc.

Scientific presentations at this Congress were short, meaty, & crisp in the tradition initiated by the founder of TA and reinstated at the 1971 Summer Conference "TA Vaudeville" by S. Karpman. Two hundred man-hours were given by attending members for examining 25 successful advanced membership candidates. One hundred and fifty-six members are now certified by the ITAA to have advanced degrees of qualifications-in TA. For a directory write: ITAA, 3155 College Ave, Berkeley, CA 94705.

**ENCOUNTER:** THE FROG PRINCE: Sue & Simon saw their games regularly ending with reciprocated Get-Away-From and Get-Rid-Of payoffs. Allegorically, this Frog Prince, Simon, was repetitively going down to the bottom of the pool to retrieve Sue's ball for her. As he gave the ball to her, he would act gruff (play Pounce), with the payoff of frightening her into running away from him (he got rid of her). One night after fleeing home, Sue reported thinking "How am I going to get away from him?" "I was furious at him. How was I going to get away from Simon so that he would never, ever, ever again find me. Then I began to think to myself. "Hey, wait a minute! What am I doing? Here, this looks familiar. This is what I have been doing all along. This isn't what I want to do. If I get away from him then that's the GAF outcome and I don't want to do that. What am I supposed to be wanting to do? Then I figured to myself, 'Oh, Gee! Shucks! Heck! This is my fighter Kid. I give up. What I want to do is to get-on-with Simon, not get-away-from him.' So I went home." The

terminology itself was a tool.

FORMULATION: A Get-Rid-Of resolving dynamic to an encounter is regularly reciprocated by the other person's Get-Away-From form of resolution.

THE OK CORRAL OF "THE FROG PRINCE" SCRIPT Okay Value: "Go After What is Coming, Give What is Due"	
GET-AWAY-FROM <u>PRINCESS</u> I Am Not OK <u>AND</u> You Are OK	GET-ON-WITH <u>KING</u> I Am OK <u>AND</u> You Are OK
GET-NOWHERE-WITH <u>BEWITCHER OF FROG PRINCE</u> I Am Not OK <u>AND</u> You Are Not OK	GET-RID-OF <u>FROG PRINCE</u> I Am OK <u>AND</u> You Are Not OK

The FOUNDATION for GROUP TREATMENT, INC., a non-profit organization was established for the purpose of providing clinicians of all schools and disciplines using group treatment methods with opportunities for increasing their effectiveness and efficiency toward the professional treatment objective of the patient getting well.

The Encounterer is the news service of the FOUNDATION. It will have notices of interest, current developments in this treatment field, and clinical reports.

Associations and Societies of group treatment professionals are invited to use THE ENCOUNTERER to notify others of their meetings and activities. As a service of the FOUNDATION, non-profit facilities and organizations involved with group treatment are invited to apply for THE ENCOUNTERER on a continuing basis.

This single sheet news service will include:

1. CLINICAL INFORMATION:

- A. ENCOUNTERS, vignettes, applicable to treatment.
  - B. FORMULATIONS of theoretical and a practical nature.
  - C. "Rx for GETTING WELL."
  - D. OTHER sections as this publication evolves.
2. NOTICES of coming talks, seminars, meetings for learning, teaching, training.
3. REPORTS on events of interest to group treatment professionals.

Individuals who want to receive THE ENCOUNTERER may do so by making a \$2.50 donation for which they will receive 20 issues of this periodical in a year.

Glossary of Terms and Abbreviations Used in THE ENCOUNTERER

A	Adult, "level-head," objective, ego state	P-O	Pay-Off: Ulterior (latent) motive, reward. 5th move of a game.
C	Child, childhood, "the Kid" ego state	PSI	Pounds per square inch
CPM	Cycles per minute	<b>Rx</b>	Prescription, prescribed, therapeutic advice, treatment recommendation.
CPS	Cycles per second	SCRIPT	Life-Story: map of person's life, often resembling a fairy-tale.
E	THE ENCOUNTERER	SOBA	SOB Authority, Silly-Ole'- Boy-Authority
G	Gimmick: (trick, wrinkle) 4th move of a GAME.	SOBA-HUNTER:	Person with an "authority problem"; a Crusader; a revolutionary.
GAF	The DEVOLUTION Life Solution of <u>Get-Away From</u> : I-am-not-Ok-and-you-are-OK.	SUCCINCTISM:	Concise graphic formulation
GNW	The OBVOLUTION Life Solution of <u>Get-No-Where-With</u> : I-am-not-OK-and-you-are-not-OK.	TA	Transactional Analysis. Originated by Berne. It is: 1. A theory of (social) behavior
GOW	The EVOLUTION Life Solution of <u>Get-On-With</u> (It, life, living): I-am-OK-and-you-are-OK		2. A theory of personality structure
GRO	The REVOLUTION Life Solution of <u>Get-Rid-Of</u> : I-am-OK-and-you-are-not-OK.		3. A method of (group) psychotherapy treatment
GW	Get-Winners, Get-Well, Getting-Well, usually synonymous with the GOW Life Solution.		4. An organization
H	Hook: (come-on, engagement) 1st move of a GAME.		It embraces and is not contradictory to psychoanalytic theory and practice.
M	Maneuver: (angle, con) move of a GAME.	THE E	THE ENCOUNTERER
No	Number	THWIT's	"To Hell With It's", Having a case of the ...
P	Parent, Parent ego state; to be differentiated from Adult ego state.	VOL	Volume