



# Transactional Musings

Volume 1, Issue 3

March 25, 2010

## Special points of Interest:

- Some techniques used to improve listening operations are described. In the social idiom, some of these are named and discussed:
  - “Get-a-Level”
  - “Get-a-Move-On”
  - “Give-with-an-Audible”
  - “Select-Your Own -Stroking (when-and-to-whom-you-will-give-your-own-words-and-strokes)”
  - “Brush-Touch”
  - “Sound-Screen”
  - “Duet Talking”
- The Corralogram can show the trends of a nation in terms of freedom or repression.
- The drama of Congress recently has been orchestrated by those who want to manage people’s lives. And are they not then limiting opportunities for get-on-with, thus restricting freedom?
- What is the function of the Library of Congress?

## Listening Defined – from the “Handbook of Listening”

1. The activity of listening is manifested by visible, physical bodily movement.
2. Listening activity is to be differentiated from hearing. Hearing is a semi-automatic, auditory-environment scanning operation.
3. The non-listener is characterized by an absence of visible, physical movement, an eyeblink rate less than once every 5 seconds,
4. In most group meetings more than 90 percent of man-hours are spent doing something other than talking.
5. "Not-now-talking" time has been found to be of three different varieties:
  - ( a ) Listening activity,
  - ( b ) Thinking and taking notes in the manner of

learning more facts and time spent on mentally working on another program. For example things brought up during committee discussions: “working it (earlier material) over” in group after compelling, thought provoking transactions were expressed.

( c ) The semi-automatic operation of scanning the auditory environment around self, detecting all sounds (spoken and other). This can occur while day dreaming.

6. Listener attitudes and behaviors, as also with talker behaviors, can be viewed as originating from one of three general categories of ego states, i.e. Parental, Adult, or Childhood. The listening experiences (internal reasoning-

feeling) of each of these classes of ego-states are associated with corresponding characteristic external, manifest behavior, attitudes, postures and movements.

7. Adult listening with almost uncanny regularity, is associated with a “level,” “squared-up” countenance.

8. Parental and Childlike listening ego states are usually accompanied by an angle of the face and head. A “tilt” of the head and face usually means an “angle-in-mind” listener and/or talker. Characteristic Adult, Child and Parental listening postures, movements and sounds are further differentiated in this text.

Continued on the back page

## China Google War

Access to Information is critical to freedom.

Anybody who has submitted an FOIA request for information from government knows how difficult this can be. Dad filed FOIA requests in the past to get records regarding the (U.S. Federally controlled) San Francisco Estuary Project several years ago. He spent thousands of dollars to get the information. Judicial Watch files FOIA requests routinely to collect data on elected, appointees, retired, agencies, and others. Redaction practices make much of the attained information non-information.

The China—Google War on Access To Information is a BIG DEAL. The Chinese government demands that

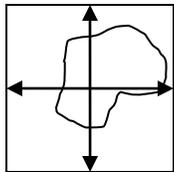
Google censor its service in accordance with the Chinese leadership decisions. Google, however decided to get-away-from the communist policy of restricted access to information. Chinese response to Google’s move is huge. Economic, financial retaliation they will play. China is feeling its oats and they want to be like, envy the big boys who play international mercantilism. But they are embarrassed, and they claim to be the “boss,” according to them anyway. They have their feelings to protect and they have coercive rackets to protect. They use “shakedown” too, to coercively get their way. However, they, “da boys” in China don’t have a good

handle on their own Parent-Adult-Child circles. A lot of self-rekidding going on there, too. Read “Self-Rekidding.”

The Chinese government limits the opportunity for get-on-with into predetermined channels. Their’s is not an open society.

The United States is still a relatively open society, more opportunity for get-on-with, even though it has regulated itself to near depression status (global warming, self-rekidding, environmental restrictions, outsourcing, “free trade”, banker’s independence, and most favored nation status for China).

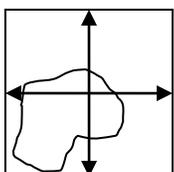
See the diagrams to the left.



More get-on-with in the U.S.

Corralograms

More get-nowhere-with, limited freedom for the Chinese people. Only channeled, centrally planned, limited, permitted opportunities for get-on-with allowed.



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## The Potomac Two Step

Two weeks before Easter Sunday 2010, the House of Representatives of the United States of America “passed” a piece of legislation that “reforms” health care to the “European model” in America. Many have asked what is happening. Hours before the vote we were told again to read the changing language of a bill/legislation; estimated to be 2,500 pages of bureaucratize. It is filled with rules, obfuscation, and “laws” regulating the time honored profession of medical doctors. The trust and fiduciary relationship between doctor and patient is being ordered by the leadership of congress to betray that trust, that legally binding fiduciary relationship.

We have been told you can't get anywhere with partisans.

Has the fiduciary relationship between the people and representatives of congress been violated? Since when does partisanship take the place of representation? How does an individual get-on-with their representatives now in light of the mysterious, obvious and evident secret back room deals representatives made with their leadership? Arm twisting, bribes, threats & political threats, “promises”, deal deals, orders, maybe even some blackmail, shakedowns,

other. Seems that the “leadership” is reluctant to discipline its membership in the open. Instead they, the leadership have been saving these chits for a game day such as this vote required; playing the old “Potomac Two Step.”

In the movie “Clear and Present Danger” the Acting Director of the CIA says: “Mr. President, I don't dance.” You see, “the leadership” of the house is not the boss, the President is not the boss. The members of the Congress have forgotten who their boss is, the President has forgotten who his boss is, or they don't know, or they should know, or they really are afraid. The boss is the people.

On the Friday before the vote, “The U.S. Office of Management and Budget” released their assumptions, projections, prophecies regarding the costs of “health care reform.” It is an excellent example of self-rekidding. And members of congress relied on it as a basis for their votes, without reading it. Talk about betrayal.

Tenth Amendment: separation of powers issues are coming down the rail line in a hurry. “The powers not delegated to the United States by the Constitution, nor prohibited by it to the States, are reserved to the States respectively, or to the people.”

And Redress of Grievances are going to be addressed at the station.

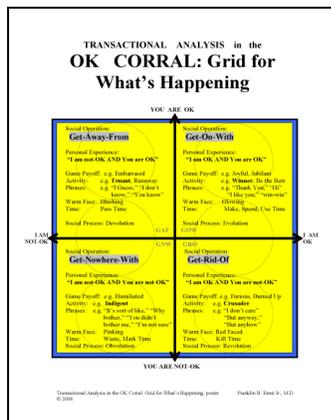
President Andrew Jackson was a great man. He said “You have no longer any cause to fear danger from abroad ... . It is from within, among yourselves, from cupidity, from corruption, from disappointed ambition, and inordinate thirst for power, that factions will be formed and liberty endangered. It is against such designs, whatever disguise the actors may assume, that you have especially to guard yourselves.”

“You have the highest of human trusts committed to your care. Providence has showered on this favored land blessings without number and has chosen you as the guardians of freedom to preserve it for the benefit of the human race.”

May He ... (The Lord Jesus) enable you, with pure hearts and pure hands and sleepless vigilance, to guard and defend to the end of time the great charge he has committed to your keeping ... . I thank God that my life has been spent in the land of liberty.”

There are four kinds of social operations: Get-Away-From, Get-On-With, Get-Nowhere-With, Get-Rid-Of.

## The OK Corral: Grid for What's Happening



Transactional Analysis in the OK CORRAL: Grid for What's

**Happening.** This is the diagram, artwork that shows a way for classifying the outcomes of the events in your life:

**Get-On-With, Get-Away-From, Get-Nowhere-With, or Get-Rid-Of**

One person's get-on-with is also the other person's get-on-with.

One person's get-away-from is the other person's get-rid-of AND vice versa.

One person's get-nowhere-with is the other person's get-nowhere-with.

built on combinations of the four kinds of strokes: they will usually include more than one stroking (dynamic) arrow in the transactions given and received.

SOCIAL PROCESS is the long range trend of a person's or a group's life.

**The strokes a person exchanges during his/her encounters with others (encounter by encounter) have consequences.**

Transactions of games are

## Encounters

**Encounter number 1** maybe worth reporting. At a recent religious conference in San Jose, California a young woman introduced herself to me and suggested to me and another stranger that we get together to start a local Bible study group. Strangers we are, the three of us live in the north end of the East Bay of the San Francisco Bay Area. Seemed like a good idea at time. She suggested meeting at a coffee shop. Business cards were traded. She is a professor at a local San Francisco university.

Emails were traded. Then she suggested meeting at her home. By then the other gentleman never was mentioned again.

I am aware of the game of Double Blind and saw the potential for that by now. More emails were traded, she'd have to check her schedule, trip to Thailand and India soon. Busy schedule she has and she suggested we meet sometime March 20 thru 25. I said OK, suggested Saturday or Sunday afternoon, but at a coffee shop. And she responded 2:00 pm Sunday with a hint of sarcasm about a noisy restaurant,

Denny's. I found two Denny's in her area and suggested them to her as possible meeting places. I said "Take your pick." Not hearing back from her I did not go out on Sunday. An email came from her time/dated 2:50 pm Sunday saying she had been at one of the two coffee shops suggested. She says she had a restaurant employee call over to the other place. "They reported I had just left." The fact is I never left home.

This "encounter" was a get-nowhere-with. The game potential was great: Double Blind, Father's Always Right, Stupid, Intellectual, Gotcha, WAHM, others. I decided to stick to business, continue my Biblical studies privately.

The apostle Paul writes in the epistle Hebrews 12:16 " ... Let none be a reckless or common man, like Esau, who for a single meal gave up his birthrights. ..."

**Encounter number 2** may also be worth reporting. I was at another "Vallejo Together" meeting recently at the Joseph's Room of the local library to review neighborhood

concerns with other residents. Being a businessman I joined the business group. We gathered in a circle, "group" style. I gathered names of people there and handed out business cards. Almost immediately before the official start of the group the gentleman to my left started touching me on my left leg over and over again as if to gain my attention, to make sure I noticed him. No mind at first. But when talking to him about neighborhood concerns he became "offended" by something I had said and he accused me of being racist. I stopped, looked at him squarely and told him to not bear false witness against me, not to accuse me of racism for using a term used by the police and news reporters in their reports. I also told him to stop touching me. The Game: "Shakedown" (putting the touch on me). The other possible games were "NIGGYSOB" and "WAHM." I stayed for the full meeting, but I put the toucher on hold.

The games of NIGGYSOB and WAHM are written up in "Genesis of Games People Play" by FH Ernst Jr., MD.

**"Shakedown"**

## Writings on the OK Corral: Grid for What's Happening

There are several titles written by F.H. Ernst Jr., M.D. on this topic. Among them are:

**"Transactional Analysis in the OK Corral: Grid for What's Happening"** (text). A certificate of copyright was received recently from the Library of Congress, two years after submitting an application and fee.

**"Getting Well With Transactional Analysis: Get-On-With, Getting Well and Get (to be) Winners."** Two years after submitting an application for copyright no certificate has been received.

**"Coercive Feelings: Psychological Rackets in the OK**

**Corral."** Two years after submitting an application for copyright no certificate has been received.

**"Fourth Millennium of the Alphabet and the Transactional Analysis Diagrams. The PAC's Meet the ABC'ers."** Two years after submitting an application for copyright no certificate has been received.

**"The Game Diagram"** Two years after submitting an application for copyright no certificate has been received.

**"Handbook of Listening: Transactional Analysis of the Listening Activity"** Two years after submitting an application

for copyright no certificate has been received. However, I just received a telephone call from the Copyright Office in Washington, DC as I write this newsletter on Wednesday (9:10 a.m.) 3-24-2010. The gentleman said the certificate will be issued soon, after answering his questions. He said they have a huge backlog of copyright applications they are working on.

**The list goes on regarding the actions of the Library of Congress.** Is the Library of Congress a political arm of Congress?

**"The Encounterer"**, edited by F.H. Ernst Jr., M.D., has a lot of material on this topic, too.



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**"Mastery of the universe is proportional to the symbols man has by which to represent his universe."**

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## Listening Defined, continued from page 1

9. During **childhood**, very **vigorous training** is given to the child's developing **listening-looking-pointing-talking** activities. This training is concerned with:

(a) **masking (or exaggerating) responsive** evidence of the Child's auditory sensory input, expressions and the ability to logically organize what is seen, witnessed and experienced;

(b) the learning of pretending and other reality-questioning, denying techniques (e.g., "It-seems-to-me"); and rules (opinions) and rights (prejudices?) about denying satisfaction to or enforcing satisfaction from another person in social encounters. The childhood training programs about these developing listening-looking-pointing-talking activities also have long lasting educational, learning consequences in addition to the psychological, developmental, social-skillfulness consequences for the person.

10. The **Parental listener** is concerned with approving (feeding) or disapproving of (prohibiting-disciplining) of the talker.

11. **Repetitious, non-audible activity**, such as silent head-nodding in response to vocal stimuli, is experienced as deprivation by the talker.

12. In the **analysis of transactions** (one stimulus and the other person's response to it) between two persons demonstrates:

(a) The **influence of the talker on the listener** and  
(b) The **influence of the listener (his gestures, postures, movements both manifested and withheld) on the talker.**

This latter phenomenon is perhaps better known under the euphonious (the misleading) terminology of "non-lexical" and "**nonverbal communication.**"

13. Some (**game**) **maneuvers** are described which are used by talkers **to influence the listener**, and others used by listeners **to influence the talker.** The talker maneuver of

"It-seems-to-me,-that ..." is dealt with in some detail. When this phrase is being used as a maneuver in a game, the substitution of the phrase, "My-Daddy-says-that ...." will usually be complementary and in context.

14. Some **techniques** used to improve **listening operations** are described. In the social idiom, some of these are named and discussed:

- (a) "**Get-a-Level**"
- (b) "**Get-a-Move-On**"
- (c) "**Give-with-an-Audible**"
- (d) "**Select-Your Own-Stroking** (when-and-to-whom-you-will-give-your-own-words-and-strokes)"
- (e) "**Brush-Touch**"
- (f) "**Sound-Screen**"
- (g) "**Duet Talking**"

15. **People who are demonstrably improving their listening skills** are listening between one and two thirds (of the time, content or event); i.e., **maximum listening efficiency** in the individual varies between 30 percent and 70 percent.

## Organized Pandemonium

FH Ernst Jr., M.D. wrote several short articles on how school classroom instruction could be fun again: "[Organized Pandemonium](#)", "[The I'm OK, You're OK Classroom](#)", "[Can](#)

[We Say the Hellos Now](#)", "[Andrea's Named Hellos.](#)" He demonstrated that three tools taught to teachers and students would raise moral, raise learning efficiency, increase

enrollment. These were the use of named seating diagrams, the PAC chart, and the OK Corral. Proof is in the results of the students of Vallejo High School around 1971.

## Personality Functions

The Personality Functions "poster" (artwork) shows the three ego-states: Parent-Adult-Child.

The Parent nurtures (feeds, cheers on, comforts, caress) and disciplines (sets limits and gives a sense of reality, prohibits-trains, teaches good-bad, right-wrong.)

The Adult computes: (is business-like, objective, organizer, lists). The Adult gathers information: listens, measures, thinks (reflects, figures), talks,

takes action.) The Adult is level-headed.

The Child is Natural (imaginative, spontaneous, "gives himself away"). The Child has the ability to adapt. The Rebel Child that defies, fights" is a "bad child." The Compliant Child believes, memorizes, "Good Child."

