



# Transactional Musings



## Freedom Theory

Excerpted from a paper written by FH Ernst Jr., MD in 1988 titled **Freedom Theory Letter**.

"DEAR FELLOW CALIFORNIA VOTING CONSTITUENT:

"**WE ARE AT WAR IN THIS COUNTRY!** US SENATORS Hollings and Kennedy **MAKE WAR AGAINST THE REMNANTS OF THE FREE PRESS IN BOSTON AND NEW YORK** (R Murdoch). Our Congressmen (Dellums, Conyers, Crockett, Boxer, Wright, O'Neill, etc) make war against black South Africans with their US APARTHEID LAWS. Apartheid has been repealed in So Africa, but not in the USA. Invisible Bureaucrats make legalized war on freedom leaders Evan Meacham, Edwin Meese, Oliver North, Poindexter, Viguierre, Brendan Sullivan, etc. Nancy eats nails for breakfast and makes war at home (M Deaver). Howard Baker makes clandestine war against Judge Bork nomination. Our "elected" **MAKE IT A CRIME** to assist free neighbors in trouble. Our bureaucrats force our free press wire services into the hands of oppression and slavery, UPI - F. Bassom, Bankruptcy Law Judge, Texas, 1986. G Keller's Chevron makes war on free Angolans. Senators Dodd and Harkin make war on free Nicaraguans. Senator Kennedy makes war on free Ethiopians. Bill Moyers & Howard Gutin, Corp Public Broadcasting, make war on God (God and Politics series) and then get praise from both Gus Hall's Peo-

ple's Daily World AND George Keller's Chevron (Monthly) World. Ah yes! It is indeed "One World."

This sounds familiar today. Some of the names are the same.

AND now they wage war against home, wage war against families, wage war against medicine, wage war in foreign lands ..... .

They wage war against sound money. They wage war against American manufacturing, against industry. They wage war against American jobs.

They wage war against energy development here, they wage war against a strategic national defense, here .... .

They wage war against ...

NEED FOR A THEORY: At a Conference, "Educating For Freedom" in Washington, DC, November, 1985, M. Ayau of Guatemala reported "The evidence that socialism doesn't work isn't enough. We need a theory."

In fact, freedom and its companion form of society, liberty can be theoretically viewed. Some of it is condensed for here. Freedom is the quality of behavior of the individual as self-governing, self-restraining, self-regulating. Liberty is the form of society (and its government) in which freedom can prevail. The US Constitution was crafted and drafted "...in order to ... secure the blessings of liberty to ourselves and our posterity ... "

**Each person is genetically endowed** at birth with the equipment to become

**"a freestanding person."**

**Freedom** for the individual comes from the maturing ability to become **a self-disciplining person, one in charge of AND responsible for his own actions**. Freedom is in the ability to be a self-regulating, mutually-respecting unit in a society. Freedom survives when those in the society are both **SELF-GOVERNING AND MUTUALLY ACCOMMODATING**.

In a word, **FREEDOM AND LIBERTY prevail** as a result of certain behavioral qualities reliably continuing in the individual personalities of the free. Liberty prevails when the free don't take liberties with their freedoms.

**Freedom is in the state of mind AND in the set of behaviors of the person**. Behavior is accountable. Thus, it becomes useful to understand the behavior of the individual. From this, we also gain a picture of the **defects in the personalities of the oppressors** around us, in our ranks and in our families.

**BEHAVIOR THEORY:**

1. Each person lives through one **childhood** and carries those **memories AND ways of behaving** with himself through his life. This is called the **Child** part of the person.
2. Each has the **ability to reason**. This is called the **Adult**.
3. Each person has had someone in the position of being a **parent, a guiding & protecting person**, to him during childhood. There is a picture of **this person(s) and his ways of**

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**Special points of Interest:**

- Freedom Theory — Freedom for the individual comes from the maturing ability to become a self-disciplining person, one in charge of AND responsible for his own actions. Freedom is the ability to be a self-regulating mutually-respecting unit in a society. Freedom survives when those in the society are both SELF-GOVERNING AND MUTUALLY ACCOMMODATING.
- Personal judgment is a product of personal Parent AND Adult.

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## Freedom Theory - cont.

behaving that you take into yourself. This is called the **Parent**. (E Berne)

### This Is **The Diagram of THE SELF-GOVERNING PERSONAL**

The **SELF-GOVERNING PERSON** uses his own personal Parent as the basis for his personal values, personal ethics, personal standards, personal principles.

In countless cities, both in the USA and in Nicaragua, the streets have been taken over by "the drugs and the thugs." In a few communities, those who are free have taken matters into their own hands and banded together to form

**This brings up THE NEXT POINT OF THEORY:** One of the most characteristic elements of the human is the ability, the natural desire **to organize information** into some sort of **useable design** for better understanding of his surroundings. **The organized social predators** in our society would have us, the free, be ashamed of our God given ability to intuitively sort between the good guys and those whose intentions are less than honorable.

### The Situational Personality

**A Liberal** advocates **coercive "compassion" and dependency incentives**. Group consensus, social empowerment (of the few), decision by committee and projected (often racketeering) distrust of individual ability and intention are hallmarks of the Liberal. **The Liberals are guided by situationally oriented** (short term) values and ethics. **LIBERALS ARE ROUTINELY** led by those with a **"Situational Personality."** These **leaders** are the experts with **Deception And Intimidation**.

The self-managing person enjoys the pleasures of "Being his own boss." **The "SITUATIONALS"** have developed terms of **ridicule and derision** for those with personal value AND pleasure in doing a good job in their (your) own work: eg workaholic, compulsive.

The **personal values, ethics and judgments** of individuals could be, and **are a problem to an "Invisible Bureaucracy"** intent on using its members to further its goal of **"One World" under the Bureaucracy's control**. The only **problem** with having **"World Peace Under A One World Government" is the individuals**.

The negatively oriented, those with **the socially predatory networks** have devised a number of effective tactics to discourage talk about social "conspiracy" networks. As a first line of their defense against discussions like this, they rely on jeering, sneering, leering, belittling, **ridiculing OR** getting others to **ignore** the person talking about these networks. I recall the initial generous enthusiasm from a fellow Solano County Republican when he first read **"Cranston: A Communist in the US Senate?"** A patriot and an advocate of freedom he is. Some of his "influential" acquaintances whom I also know, have clear stigmata of membership in our local **"parallel study group"** out of the (Council On Foreign Relations affiliated) **"San Francisco Committee on Foreign Relations."** When next seen he was ashamed, avoidant of his enthusiasm AND the subject. Does he think for himself? I am sure he does. But for him, fear of being shamed, ridiculed, has a controlling effect on **how he thinks** for himself.

Continued on page 4



**A person's internal PARENT is** the organ holding ones **personal values, ethics, principles** and is the basis for forming personal judgments. The Parent defines what's good for the person and what's not. It **protects and fosters the integrity** of the person and valued others (family) - **social, environmental, physical, nutritional, and educational**.

**A person's ADULT is** the organ of **reasoning**.

**A person's CHILD is** the collection of **childhood experiences**, the basis of one's ongoing **emotional life**. Your **Child is inventive, imaginative**. (E Berne)

**"Personal judgment" is a product of personal Parent AND Adult.**

"Neighborhood Watches." In Guatemala and in Vallejo these have been able to bring some of the local social predatory activity under a better state of control. The way to stay free is as a self-regulating person. Using common sense and decent judgment, take care of yourself and as many matters of personal (family) concern as you can. Find like-minded people to band with and mutually accommodate yourselves to each other. Remember too, that now, whenever you group with other freedom oriented people, whenever you are in a group larger than 2 you can almost **count on the fact** that at least **one of those with you will be a Judas**, a member of one the Invisible Bureaucracies.



In the case of the **"Situational Personality"** the **personal PARENT has been replaced** by the **"Situational-Committee" PARENT** and its **"Situational" ethics, values & instructions**.

1. Most recent instructions & "peer review."
2. Next most recent.
3. Third most.

In the background, extensive "committee work" has gone into preparation of the unit, **deactivating personal value** after personal value and a regular testing program to make sure those personality elements are not coming back to life.

**DIAGNOSTIC** of the situational personality:  
**No Personal Parent**



## Formulation from “The Encounterer” Vol.1, No. 5

**FORMULATION:** “Being-On-the-Level”: The least angle of the countenance found to date to correspond to an angle-in-mind is seven degrees. For one particular individual the change of the head position to a tilt of seven degrees “off level,” when it was held for 30 seconds corresponded with the inception of a lowered pitch to the voice,

muffling of his words and the introduction of opinionated “should, shouldn’t, right?” and “...., right? RIGHT!” transactions. On-the-level, straight-forward objective (ADULT), unbiased listening and talking is visibly manifested as such, in 95-98% of instances. The “angle-in-mind” include: for laughs, for persuasion, sugges-

tion, cynicism, skepticism, coyness, compliance, defiance, nurturing, prohibiting, convincing, believing, etc. Head-waggers in an audience are wig-wagging from a tilted countenance — see “The Handbook of Listening, Transactional Analysis of the Listening Activity.”

## Proverbs 4

### David continues His Lessons to Solomon, related by Him to His own Son.

Listen, sons, to a father’s instruction, And reflection attentively learn; for good doctrine I utter to you, so never abandon my rules. For I was my father’s dear son, who because of my mother he loved, so he taught me himself, and he said, —

“Now let your heart cling to my words, regard my instructions and live. Get Wisdom: and get Understanding, nor forget her, nor swerve from her speech, nor abandon; and then she will guard; and love her, and she will preserve.

“Let Wisdom be first; purchase wisdom; and reflection with all you possess; exalt her, and she will exalt you, and honour you, when you salute; place a beautiful wreath on your

head, and give a magnificent crown.

“Listen, son and attend to my words, they will add to the years of your life.

“I teach you the pathways of Wisdom; I direct to the smoothest of roads, where, walking, your foot will not stumble, and if running you will not fall down. Seize Instruction, and let her not go. Keep her fast; because she is your life.

“Never enter the path of the wicked; nor advance by the road of the bad. Avoid it, and pass it not over, turn away from ascending, and shun; for they sleep not unless they have wronged; and sleep leaves them unless they betray, for their bread, is the eating of Crime, and outrage the wine that they drink !

“But the path of the good,

morning light, advancing to shine to full day ! While the road of the wicked is dark, and they know not the time of their fall !

“My son ! Now attend to my words, and bend down your ears to my speech. And let not slip from your eyes, and guard in the depth of your heart ! They are life to whoever find; and health to all parts of his frame. Guard ever your thoughts with all care, for from them come the issues of life.

“Expel from yourself a false mouth, and cast from yourself a loose life. Let your eyes to your subject look straight, and your glance be direct before you. And ponder the path for your feet, and let all your courses be firm. Swerve not to the right or the left, but turn off your foot from the wrong.”

## Honor

**Honor** as defined in “Webster’s New World Dictionary of the American Language, College Edition” 1964.

1. High regard or great respect given, received, or enjoyed ...
2. A keen sense of right and wrong; adherence to action or principles considered right; integrity : as, he conducts himself with honor.
3. a) chastity; purity b) reputation for chastity.
4. High rank or position; distinction; dignity: as, it is a great honor to be president.

Moses delivered the Ten Commandments to the people. They are written.

- \*Thou shalt have no other gods before me.
- \*Thou shalt not make unto thee any graven image.
- \*Thou shalt not take the name of the Lord thy God in vain.
- \*Remember the Sabbath day, to keep it holy.
- \*Honor thy father and thy mother.
- \*Thou shalt not kill.
- \*Thou shalt not commit adultery.
- \*Thou shalt not steal.
- \*Thou shalt not bear false wit-

ness against thy neighbor.

- \*Thou shalt not covet thy neighbor’s house, thou shalt not covet thy neighbor’s wife, nor his manservant, nor his maidservant, nor his ox, nor his ass, nor any thing that is thy neighbor’s.

If a person cannot, will not, honor his/her earthly parents, then how can that person honor his/her Parent(s) in his/her own head?

**In 1986 we decided that I would “run for Congress.” And so with the help and support of Mom and Dad I won the party (Republican) primary election and then continued the “run for the House of Representatives” against Barbara Boxer.**

**Mom, Dad, and I became good friends. Not that we weren’t already; historical events had divided us and now brought us three back together. We three were now a team, AND we had a job to do, a big mountain to climb.**

**Mom was the campaign treasurer, Dad was the campaign manager, I the candidate.**

**Many speeches, personal appearances, debates with the incumbent, media interviews, thousands of appearances, walking the precincts and knocking on tens of thousands of doors. This was spread out over four different counties and extended across the Golden Gate Bridge into San Francisco.**

**On election night we, friends, acquaintances gathered for the results. Absentee ballot count during the first few hours after the polls closed showed our campaign was ahead by a 2:1 to 3:1 margin. For awhile we all thought we had won, that we were looking at success.**

**Since then I have heard experienced “political experts” say that the early absentee ballot count is a good indicator of the final election results.**



## Addresso'Set Publications

P. O. Box 3009  
Vallejo, California 94590  
USA

Phone: 707/643-5100  
Fax: 707/644-6358  
Email: harryernst@ao3news.cnc.net

**"Mastery of the universe is proportional to the symbols man has by which to represent his universe."**

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## Freedom Theory - continued

I do not know if that material jeopardized his possibly "**peer reviewed**" marriage.

For most of us, **being shamed and ridiculed (by peers)** can have a very **controlling effect**. As one part of thinking for ourselves, it is a good idea to **keep track**, with our Adult, **of those who jeer us** AND what they jeer AND what **their possible reasons** may be for trying to control our behavior with these tactics.

It is vanity for anyone to believe he is solely and completely independently in charge of his own thinking. Being thoughtful of the other person involves letting him influence your behavior and therefore, some of your thinking.

At times it gets to be a **fine line between accommodating** the other person **or compromising yourself**, your own beliefs, values and/or thinking. Too often, too many get caught in a squeeze with the admonition that you should "Give a person the benefit of the doubt (for his repeated anti-freedom activity)." This suggests **you should not trust your own ability to read character** in others.

### INTENT, INCENTIVE, MOTIVATION AND VALUES

Intent, incentive, motivation and values of the situationally governed personality differ from those of the self-governed. The "intent" of a person in an action is controlled by a combination of "situational" incentives (eg candy offered for "free" by a "stranger", "peer pressure") **AND BY** the internally residing **personal** teachings, **personal values**, judgments & **personal ethics**.

"**Situational ethics**" and "**situational values**" are the opposite of personal ethics and values. With situational

values, you cite someone else as the plausible authority. **Situational values** are the essence of disinformation AND **RATIONALIZATION**, a psychiatric defense mechanism. These have more to do with sounding plausible.

**Disinformation:** Twisting facts to distort reality. Regardless of the charming articulateness (con) of the dis-informer, I don't know anyone whose mental health is improved by distorting reality.

### SOCIAL PREDATORS AND PSYCHOPATHS

We need a **generic term** for that breed of personality who, when he has Soviet affiliations, is called a "Communist." (The only real "Communists" are those who call themselves that.) There already is a generic term, perhaps not widely used, but amply descriptive. It comes from **Gorbachev's statement** to Zia ul-Haq about furnishing refuge and sanctuary to the fleeing Afghans: **"I take a most negative view of that."**

From this, **the idiom**, colloquialism, "**negite**", as a generic term is derived. (Note: in later writings "**termite**" is the term used.) Whether the altered personality unit is a member of the Communist Evil Empire, the mainland China homologue, the USA homologue of the "Council on Foreign Relations" or another, **THE NEGITE personality** units, recruited and now **staffing these "(invisible) bureaucracies"** ALL have **certain characteristic alterations in their personality**.

Just like "honest" criminals, so too, **negites are psychopaths, social predators, no conscience**. The "honest" criminal is driven by **internally originating, rebel Child impulses. The negite is externally controlled**. The predatory

acts of the negite units are carried out under orders from others. The **negite's predatory activity** is performed by his **compliant adapted Child**.

### INVISIBLE BUREAUCRACY NECESSITY

**Negites are trained** to and do give up their personal values and ethics. This is **A BUREAUCRACY NECESSITY**.

These total bureaucracies require that certain activities be carried out which might go against the grain of personal values of one of their units **if these were to remain "untreated."** From the "**bureaucracy's**" position, these personal values would be "**disruptive**" in the unit's performance if they were not "**trained out**" and eradicated. **Self-governing people will not do some things** that "**The Body**" requires of its staff.

These Bureaucracies have **continuing "inservice training"** for all personnel. One aspect of this program is "**decathecting**" (deactivating) the individual's **personal values**, his "weaknesses" **AND KEEPING THEM DECATHECTED**. Some of this "education and training" is by **operant conditioning** (rewarding certain random behavior to reinforce its appearance again), eg in the ranks of the media. A lot of it is by **conditional response ("conditioned reflex")**: "**Reward AND Punishment**", "**Bribery AND Blackmail**."

**The Bureaucracy goal** in all this is to have dependable, **malleably responsive units**.

To be continued