

# SOCIAL TOOLS NEWSLETTER

NOVEMBER 28, 2012

The following is from an unpublished manuscript titled "Social Tools" by Franklin H. Ernst Jr., M.D. and from a paper titled "Self-Rekidding" by F.H Ernst Jr., M.D.

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## SOCIAL TOOLS SELF REKIDDING

The following is a continuation of the previous newsletter.

### SELF-REKIDDING AND LAWLESS IMPOSITION OF ENVIRONMENTAL GAME PARAMETERS

The [gimmick move](#) of the game of Intellectual Environmental is described as follows. It [is the research](#): privately (secretly) carried out, non-verified, political science, pseudo science "Environmental" research.

In contrast to "lawful/legal" is "Legal," that is not done in secret. In some instances, as with the "endangered" spotted owl species, (because of which the northwestern US lumber industry was closed down in the 1990s) eventually the private economic interests (land owners) collected a series of verifiable, non-secretly carried out sets of research which refuted the initial private political science research. By that point, as in the case of the northwest lumber industry, the issue had become a political matter, ie the continued enforcement of the ban on the private human economic use of the land fell into in the hands

of the lawyers and politicians. The same is true with "Save the Sucker Fish" in Klamath Lake circumstance in which the 100 year old lawful continuing contract, between property owners and the US Department of Interior, Bureau of Land Management, for water for the 200,000 acres of fertile agricultural land was arbitrarily, abruptly, and unilaterally abrogated (shut off) in 2001. The National Academy of Science published findings to the contrary immediately after closing down the water supply to the farmers. The water supply is a political matter, ie rule by men vs rule by law. The matter of law was eventually settled to re-open the water supply to the landowners.

### INTELLECTUAL GAME PLAYED BY LAWLESS GOVERNMENT

Starting in the 1930s, under President Roosevelt, many socialist programs were introduced and passed in Congress. These included limiting the acreage an individual farmer could plant in wheat. Other programs paid farmers to butcher their "excess" hogs on

the land, destroy their herds of milk cows, etc. Each of these programs had been lobbied for in Congress by persuasive players of Intellectual. These Intellectual / Environmental players of , for example, Save the Salmon, continue today to devise reasons why the electricity output from the Bonneville Dam (across the Columbia River) can not be doubled as it had originally been designed for, without raising the water level behind the dam or interfering with the fish annually swimming up the river to spawn.

### BAN ON DDT

DDT is THE agent for controlling mosquito populations, therefore controlling malaria around the globe. In the mid-1970s a group of Environmental game players persuaded the federal United States Environmental Protection Agency to lead the way in a worldwide ban on the use and production of DDT. The initial "studies" on DDT, prepared by Environmental game players have since been proven to have been rigged. During those

## SPECIAL POINTS OF INTEREST:

There are four types of social tools.

- Management of Self
- Dealing With Others
- Tickets, Talents, Hellos, Education, Trades, Techniques
- Money



**SOCIAL TOOLS - SELF REKIDDING**

studies high doses of DDT were force fed to their test animals. Doses many times (15 to 50 times) more than any possible natural occurrence were introduced into some enclosures where captured Bald Eagles were fed this “doctored” food. The result was that the egg shells became severely thinned. The intent, by methods intentionally carried out, was to “prove” that the Bald Eagle birds could be poisoned. Here, the Environmental players were out to prove, and did prove that their personal point of view went well beyond the bounds of using their intellect, into the sphere of fraud in fact, social malice, and felonious activities.

Subsequent scientific studies have “suggested” that the effects of DDT on humans, Bald Eagle birds, bass fish, etc. are uncertain. DDT may, in fact, be inert. There is lots of room for real science, verifiable science that is not politicized, influenced by endless supplies of “federal moneys.”

There are (a series of) organizations which are dedicated to making rules and laws which are based on intense emotion. The social and political power of the organizations is based on the intensely expressed emotions of the members, not on specific measurable goals and objectives. And they have (say they have) their “reasons” for these intense emotions. These “reasons” are associated with a set of strong words, written and verbal. These reasons are inexact and vary from time to time. The organizations recruit members from the public and they hire (pay) lobbyists (money) to help them get certain legislation enacted.

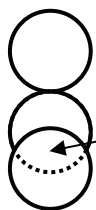
SPCA (Society for the Prevention of Cruelty to Animals) has offices in many communities. If a neighbor doesn’t like how someone is dealing with his or her dog, he may call the SCA. SPCA officers may be requested (one of its deputized GUN CARRYING employees/members) to go

to that residence and “visit” the party, reputedly being cruel to his own animal. The agent of the government (and the SPCA) may decide that the owner of the “cruelly treated” dog should take the dog to a specific center for animals such as UC Davis, Clinic of the School of Veterinary Medicine for “examination and treatment.” The owner of this particular dog has now lost control and handling of his dog. If the owner does not comply with the agent of the SPCA, the owner can be arrested, tried, fined, and jailed as we have witnessed and are informed by SPCA.

“Cruelty to animals” is an emotional term, laden with feelings. The other term used is “vicious animal.” Where is the objectivity? The owner had been led to believe his dog was “his property,” but it turns out the animal is not his property. The animal and owner are presumed, treated as if they are guilty.

“Cruelty to animals” is not a concept or a term lending itself to finite measurement, can not be defined in Adult terms. But an abundance of (emotionally laden) reasons are available to throw at some party who has been called/labeled “cruel to his animal.” A person who has purchased a live lobster to eat, we learn, might be a “cruel” person if he boils **his**

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**Slogan Carriers and Proclaimers:  
“Proclaim Around the World - No More DDT.  
Save the Eagles. Ban DDT. Save the Malaria  
Carrying Mosquitoes.”**

**“Egghead” PLAYERS of the  
GAME of ENVIRONMENTAL**

Figure No. 37

**lobster** to eat it. The business of people like this, who call others certain things, accuse, label, brand others derisively, those who anthropomorphize the animals of others with their sensitive feelings for animals, has often been turned over to the legislator with his political backing against the owner, and his animal.

able, is objected to. Why? "Because the live stock will eat the grass and the owner of the herd who has paid his grazing fee will get privately rich off that use of that land."

Envy?


There is no finite measurable reason for the goals of the Sierra Club. But there is a large body of emotional dis-

United States Endangered Species Act (ESA) = "save the sharks, save the snails, save the worms." (Fig. No. 41)

LNG - Liquefied Natural Gas. Regasification of the clean fuel. "Not in my backyard." (Fig. No. 42)

Nuclear Power Grid and use of electricity was built, in place, by the people before "the people" learned how "dangerous" electricity was.





**Save the whales, save the dogs, the lobsters, as if they are humans and enforcing their personal views with the legislation.**

**SPCA and Save the Whales**


Figure No. 38

The non-profit Sierra Club was founded on the goal of preserving certain aspects of non-urban lands. In many cases owning the particular "land in the wild" after everything was said and done (lawsuits, blocking Get-On-With opportunities).

For example, exerting influences through legislatures determining how certain public lands are NOT to be used, for the sake of preserving them (eg) for other purposes, in future generations.

The goals of the Sierra Club are not measurable except, in the instances of preventing the (previous) private economic use of particular now urban, non farming lands. Use of national or state forests for private livestock grazing is objection-

play which "The Club" can call on to emotionally pressure legislators.



**Public Land is Not for Members of the Public. This Land is for the "Public."**

**PUBLIC LANDS and "PUBLIC LANDS"**

Figure No. 39

So also, there are large numbers of people with intense emotional views with many "reasons" and words with which they justify their views.

United States Environmental Protection Agency (EPA)



(Figure No. 40)

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SOCIAL TOOLS - SELF REKIDDING

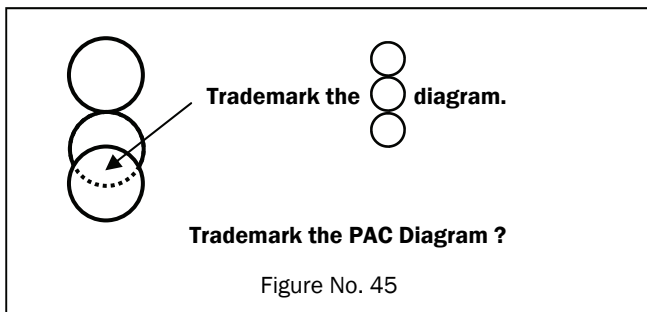
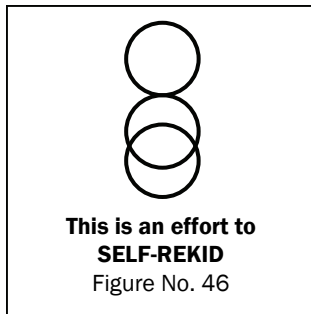
**GAME OF INTELLECTUAL and Transactional Analysis Association "Leadership"**

Officers of and the Board of Directors of the International Transactional Analysis Association (ITAA) "Trademarked" the use of some of the words and maybe some of the diagrams used in transactional analysis with the US Trademark Office. It was never clear why certain ITAA elitists did this in the 1980's. Notices were published in the organizations journal (Transactional Analysis Journal, TAJ) stating that the stacked circles (Figures 43 and 44).



could not be used anymore; apparently prohibiting the use of these diagrams.

drawings have been made part of the public domain, and are used around the world. Attempts to discourage use of these diagrams and drawings was facilitated by the Intellectual game players and Self-Rekidding. Attempts to lock up "Transactional Analysis" as a body of teachable knowledge was intended, and the means taken advantage of were the Intellectual game and Self-Rekidding. Such an effort by individual members and officials of ITAA can readily be diagrammed as (Fig. No. 46)



This effort, by a few, to trademark the three stacked

circle drawing failed, or did they? These diagrams/

Those members, then, were also quite emotional in the assertions of their "reasons," their attempt to lock up all use and writing about "Transactional Analysis." Many published complaints, letters to the editor, regarding the prohibitions

appeared in "the journal" then. It is reported to writer here that the trademark office did grant ITAA a trademark on the term of "TRANSACTIONAL ANALYSIS" in all capitalized letters. It is not clear what happened to the stacked three circles. Rarely now, does one see these drawings and diagrams being used in print these days. Is this by design? Has quiet verbal derision of the tools Eric Berne, M.D. and other professionals developed continue today? The predictable consequences of publishing warnings then, in the early days following Berne's death, within the organizational literature have become quite clear. The (written and spoken) warnings, threats, innuendos, suggestions, and obliques scared people out of using transactional analysis. The damage has been done.

Eric Berne, M.D. and others, in the early days, used these drawings, diagrams, and art work in their privately published writings. They wanted people to use them.

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### GAME OF PSYCHIATRY

The game of Psychiatry is a variety of the game of Intellectual. It is played, for example, by some patients, students, and by some psychiatrists. In this game the patient's Child, overlapped into his Adult, learns and uses the language of psychiatry to fend off his psychiatrist and avoid facing his problems. Instead the game player is intent on proving psychiatric treatment could not help or cure him. This game is played in individual, and in group psychotherapy. (See the game of Psychiatry, "Games People Play", Berne, 1964).

### INTELLECTUAL RELATIVES

Other relatives of the game of Intellectual include "Gang Leader" ("Anybody else with a question?"), "Standard Deviations", and "Snake Oil" which was sold at western frontier "medicine shows" during the late 1800's.

### OBVERSE OF INTELLECTUAL

The game of Double Blind is the obverse of the game of Intellectual. For example, in the game of Double Blind someone volunteers to be a party to a medical study. Medical dictionaries define "double blind" as "developing a study of the effects of a specific agent in which neither the administrator nor the

recipient, at the time of administration, knows whether an active or inert substance is given." (Dorland's Medical Dictionary, 25th Edition, 1974, WB Saunders Company). Neither the volunteer nor the nurse administering the medicine (nor her hospital/clinic) knows whether the individual volunteer is getting an active or an inert substance. And the volunteer has no assurance about what he will get from being in this, (eg) a study of a new medicine.

In this game of Double Blind, neither the Volunteer nor the Administrator knows IF what is being given, sold or peddled to the Volunteer might be of possible value, (harm) or alternatively have no effect on him. Only the, behind the scenes, Beancounter party knows what the Volunteer is being given. And then that volunteer is not a person, only a number, an unidentified person. If what the Volunteer has received harms him, or doesn't help him, it is pointed out to him that: "You asked to be in it." This is the gimmick move in the game. If the material or service does help: "Thanks for helping me (us) prove it." This is the other side of the other side of the same gimmick. ("It wasn't for you that we gave this. It was for the greater good of the greater number." (our business affairs, the USFDA - Federal Food and Drug Administration). (See also games of

Wooden Leg, and Rickshaw as described in the book written by Eric Berne, M.D. "Games People Play", pg 161.)

The boss of the Beancounter (a member of the of the Beancounter party) stands to make a profit if the right things happen. The Administrator/clinic (party) stands to make a wage (fee) from participating.

### SETTINGS FOR DOUBLE BLIND

Double Blind is played among others: clients with lawyers going to court, volunteers recruited by the Armed Service Recruiter offices, those who volunteer for an armed force reserve, those recruited by others to invest in the stock market based on "Hot tips", by some families buying or selling real estate, members of public required to take "immunization" injections, a person taking a friend when purchasing a second-hand car (who can guess ahead which one is going to be a "lemon"), and most people when they talk to friends to learn who to vote for at election time.

Anyone who has volunteered for the armed force is no-longer sure that he will be able to decide for himself where he will live (be stationed), what kind of work he will be assigned to, what days of the week will be his "weekend." A soldier follows orders.

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## SOCIAL TOOLS - SELF REKIDDING

An individual, with his lawyer going to court, does not know when his case will be “heard,” what the outcome will be.

With credit cards, the terms of the agreement may be unilaterally changed without the cardholder being particularly aware (a fine print notice among the varieties of advertisements in the envelope and a statement written for sophisticated accountants).

Home buyers often are not told about the ramifications of the promissory notes they sign, the conditions they sign, the releases, etc. [Some people don't read the “fine print. The agents are busy and in a hurry. Buyers feel not-OK; “mountains” of paperwork.]

A person entering a hospital is assigned a physician for his case (often his own physician) who is responsible for his (patient's) hospital examination, writing orders for patient's care, and discharging him, etc. Patient is required to sign an application contract for admission with the hospital in which he (the patient) “volunteers” to follow hospital rules. If patient has surgery, the body part cut out from his body is now the property of the hospital thereafter. The gimmick of the game is the same “You asked to be here (in it).” Neither patient nor his administrator/

physician knows for sure if being in the hospital will result in benefit, no change or a worse condition (including death) at end of the patient's voluntary stay.

[Public Beware]  
[Ask for the body part. See what happens.]

An example of a third degree game of Double Blind, for example, is in the case of the anthrax immunization shots mandated for armed forces personnel in the early 90's and early 2000's. Neither the ones getting the shot, nor those administering the shot knew what the effect on the person would be. The effects have ranged from being severely harmed (ill), to providing immunity to the person without adverse effect.

In the game of Wooden Leg the gimmick line is “What can you expect from a person with a wooden leg.” Its obverse is the game of Rickshaw. “What can you expect from a town that doesn't have any rickshaws.” (See “Games People Play”, E. Berne, 1964, p152.) “Wooden leg” references being handicapped. For some, handicapped is to be poor from birth, “I'm Irish and we all drink”, “I had a bad childhood”, being black, or an insanity plea? “I'm handicapped, can't you see. You couldn't really expect me to get up from my beggar stall

here on the street and take a job, could you?”

Literary examples of obverse phrases are: “Nobody is infallible. Everybody is fallible.” “Partly cloudy. Mostly sunny.”

### STARGATE and Star Trek STORIES, AND DOUBLE BLIND GAME

“... To go where no man has gone before....”

Explorers know what they are getting into. “They don't know!”

[Lewis and Clark Expedition]

### The Blind Date EXAMPLE OF DOUBLE BLIND game.

Neither of the parties knows whether the upcoming date will be a pleasure or a drag; if the other party will have (additional) ulterior motives, or hidden agendas. Some of these blind dates are arranged by a couple who knows each other of the two. Hence, a “double date.”

There is a commercial enterprise in the San Francisco area that has capitalized on blind dating, “Dinner for Six.” This firm arranges for three men and three women, who do not know each other, to meet at a dinner date.

In the game of Wooden Leg the gimmick line is “What can you expect from a person with a wooden leg.” Its obverse is the game of Rickshaw. “What can you expect from a town that doesn't have any rickshaws.”

### DOUBLE BLIND A THREE HANDED GAME

Double Blind is a three handed game:

- 1) Volunteer,
- 2) Administrator/Agent party,
- 3) Beancounter (eg an individual, a firm, a judge in a court, armed forces, etc.) who has no personal relationship or concern for the individual volunteer. He is only concerned with the number of volunteers available for the study, the number of cases to be heard, the number of personnel slots to be filled.

The game of Double Blind is played by the United States Federal Office of Budget and Management when it submits the President's Annual Budget to Congress. The final budget of each house of Congress (Senate Budget and House Budget Commit-

tees) goes to a “Joint Committee” which makes the final “compromises” in the final document. The final document is not debatable. As a rule, it is so large that particular Congressional offices can and often insert special features into it with far reaching consequences in law that don’t come to light until well after the members have voted “final” approval. [Employees in the government offices are committing “favors”; inserting last minute, non-debated, secretly prepared documents. Come on guys.] What the members of Congress and Senate voted on finally, is a Double Blind package. [They openly admit they DO NOT know what’s in the bills. Come on guys.] One way Congress has gotten around some of this is to pass “continuing resolutions” to continue to extend funding for programs, perhaps varying the amounts which are included, are to be “continued” in the federal government.

Recent United States Congressional efforts to push through Health Care Reform, and Cap and Trade Legislation are classic Double Blind games. They keep adding pages to the several thousand page documents, there are several versions floating around, you can’t have more than 72 hours to read it, and then the rules of the process keep changing.

City Councils play Double Blind with the public and special interest groups, pleading for funds at budget time. Councils often will not take final action at the hearing, instead taking the contents of the hearings “under advisement”, may refer the material to a special Committee of members to make the decisions, then announce, perhaps amend the result at another Council meeting when the Council as a whole votes on it. Sometimes neither the Public-At-Large, nor special interest groups hear how the final decisions were arrived at. Supposedly deliberations about public fund (tax) expenditures should be made in public so that the public can see how each individual elected council member arrived at his individual decision (vote). That is the law, but it is not regularly adhered to. Decisions, in fact, not infrequently, are made behind the double blind curtain, outside of public view. It will be unknown what the trade offs were which individual members made, what trades with each other were arrived at, for the final product, the budget.

You’ve heard the phrase **“BUYER BEWARE.”**

People are beginning to understand **“PUBLIC BEWARE.”**

### THESIS of DOUBLE BLIND

The thesis of Double Blind is “Nobody here knows if what you have volunteered for (to take part in) will be of benefit to, harmful to you or do nothing for you. But if it does help you, it will prove to be wonderful for (society, medicine, justice, the country, all of us)”, (be good for the greater number in society).

### AN ACTIVITY OF INTELLECTUALS

Written articles are not games. These are the result of an activity. They are Adult activities. Or they are the result of Child contaminated Adult activities. Many, if not most of the articles published in the quarterly issues of the Transactional Analysis Journal, during its first quarter century were, in the opinion of this writer, the result of a self-rekidding activity.

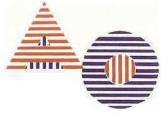
Self-rekidding activities produced many, many articles, especially those which were in support of a particular hypotheses about Scripts, Counter Scripts, Miniscripts, EpiScripts, Injunctions, Script Matrices, etc. Such artifacts (of two dimensional, dead end script theory) are material used for later referencing and citing when the Intellectual author is playing his game with someone else. For example, the Intellectual player quotes the “literature” on the subject in support of “proving” the superiority of his Intellect.

### WRITTEN “INTELLECTUAL SELF-REKIDDING” IS AN ACTIVITY in BASIC TA THEORY

One of the ancillary features of the Intellectual game is the element of quoting from earlier written, published articles by the player himself, or by someone else which the Intellectual player can later recite and quote as references (“reasons”) for his particular beliefs or have somebody else quote from.

Writing, itself, is not a game. It is an **activity**. Writing is another way of structuring time. Writing is an **activity** carried out by an individual or a group, alone, to get a particular thesis, concept, story into print (for others to read). Any article “written” by multiple authors is one in which various aspects have been contributed by different individuals, (eg) originator of the thesis, researcher, editing person, rewriter, a better known senior

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**Mastery of the Universe is Proportional to the Symbols Man Has by Which to Represent His Universe.**

**ADDRESSO'SET PUBLICATIONS**

Social Tools Newsletter  
 Franklin "Harry" Ernst III, Editor  
 P.O. Box 3009  
 Vallejo, California, 94590 USA

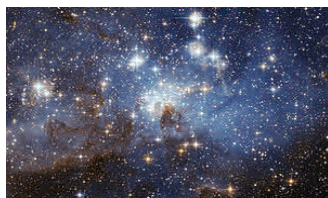
Phone: 707/643-5100  
 Tele/Fax: 707/644-6358  
 E-mail: [harryernst@ao3news.cnc.net](mailto:harryernst@ao3news.cnc.net)

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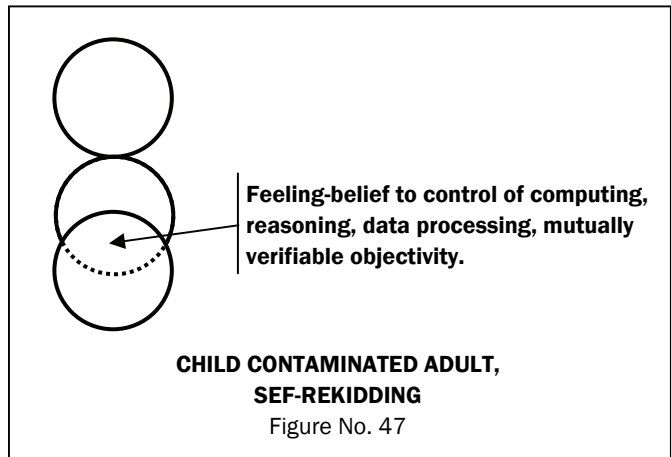
**"Reach for the stars."**

person lending his name for social status, a senior person in a department, etc. The fact that there may be some games played behind the scenes in these instances is peripheral to our considerations here. An article, book or set of volumes will stand on its own merits and reputation regardless of the social interactions of the writers, collaborators and publishers in the background. Later stigmatizing, censoring, restricting of availability of a publication, magnifying the importance of the work later, these are other matters.

Pushing a pen, pencil or typewriter carriage across a sheet of paper character by character, or moving a typewriting cursor across a computer screen, letter by letter, in order to convert mental imagery into written words, such a set of actions is an **Activity** which does require Adult participation. In the case of Child contaminated Adult, the Child of the person,

is programming the Adult activity and also blocking out considerations of verifiable data from independent others. The physical "typing" is an Adult **activity**.

mental imagery, on which all behaviors are based, into writing involves at least two sets of reasoning computations, two levels of abstraction and conceptualization.



The **activity** of writing involves converting spoken words and written mental pictures into written words. Words are, in themselves, auditory symbols. Each language has a unique set of auditory symbols it uses to convey messages, information and mental pictures from one person to another, ie in social (stroking conversational) transactions. Converting the spoken word into the written form involves a second set of abstracting, translating a set of spoken symbols into the written word (alphabetic letters of which they are composed), for example, when using a another set of symbols to mentally manipulate, translate into and out of. This is to show that converting

Even so, Child based feeling beliefs can be the source of a considerable body of written, published material. The Child of many a person is extremely resourceful and skilled at almost totally controlling ("conning"), seducing his own grown up (Adult) self into furthering his Child based ambitions and life programs.

The writing and publishing of self-rekidding articles (sometimes referred to as artifacts) is an **activity** of the writer person. Such self-rekidding articles may then be used (read and/or memorized) and cited as "reasons" by later readers in their particular game of Intellectual.

To be continued