



Transactional Musings

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Freedom in the Grid for What's Happening

By Franklin H. Ernst Jr, MD
Someone complained in a workshop that his friend working for Panasonic was not free to change to a different company. It turned out his friend was free to stay with the company and without prejudice. Being "free" can be looked at in the O.K. Corral, The Grid for What's Happening.

internal discipline over his own behavior. Less political freedom results in more external disciplining, ranging from "some" controls of individuals to total political oppression of (all) individuals. Free enterprise rewards a person in accord with his contributions, abilities, and performances.

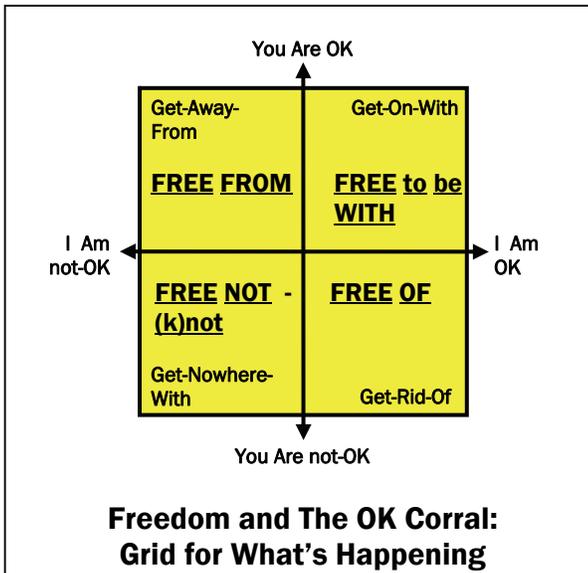
tional Analysis is an excuse to get-rid-of or get-away-from someone, something, an obligation, a duty, a chore to get-rid-of or get-way-from someone or something.
Philanthropy
Philanthropy is the act of being generous with ones own possessions, being free with ones own belongings.

The Categories of Rackets People Play

Rackets and racketeering behavior are found in four general areas of life.

1. Family Racket Behavior - ...
2. Social Racket Behavior - ...
3. Political Racket Behavior - ...
4. Criminal Racket Behavior - ...

Categorized in this manner it is also possible to organize rackets and racketeering behaviors into The OK Corral: Grid for What's Happening



It is more work to be free and with, to stay free and with a project, a goal, a spouse. It is more taxing to be free of, free from and free not. There is no freedom in a knot. The more political freedom the individual has, the more accountability and responsibility of his actions he has; and the more he is required to exercise

State ownership assumes individuals are not capable of regulating themselves with their neighbors, in their own best interests (such as the American law fining them for not wearing seat belts), with reasoned regard for the law and order and the rights of their neighbors. Looked at in the light of the O.K. Corral, the "free child" of Transac-

tion includes a significant portion of get-away-from for the philanthropist as he is giving a free "You are O.K." to whom the gift is directed. It is not contingent on whether the receiver gives back an O.K. to the philanthropist or not. The operational dynamic for the philanthropist may be "I am not O.K. and You are O.K." for a get-away-from or "I'm O.K. and You are O.K." for a get-on-with outcome. Being free with someone else's goods and resources as with Robin Hood types, is not an act of get-on-with (with the owner). It is an act of vandalism, plundering

Special points of Interest:

"A racket is a repetitively displayed emotion with fraudulent, coercive and intimidating qualities which brings about the outward consent of the other person."

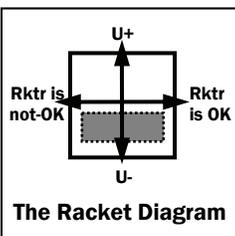
Don't do not OK things ...

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and piracy; because most redistributed and expropriated wealth is used for a pleasure (or need) of the moment. There is little, if any get-on-with resulting for the recipients. They lack the entrepreneurial know how or incentive to GOW (get-on-with) with it.

The corollary for some gifting in socialistic societies is "No good deed shall go unpunished." This means the gifter should be aware of the reception being given to his own gifting, i.e. protect himself.



The Racket Diagram

Self Defense Measures of Negites

The following is by FHE Jr. MD

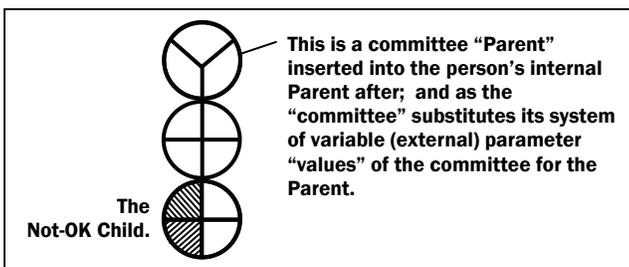
Within the ranks of the ITAA, prominent teaching members talked in the early 1970's about "protecting your Not-OK Child" (TBK, Lorne of Sacramento, and others); especially as they were talking to groups of what I later came to see were negites. This "protecting your Not-OK Child" talk was still going on when I got to the 1981 ITAA Annual Conference in Boston.

When I gave my acceptance speech for the Annual Eric Berne Award I told them that instead of "protecting your Not-OK Child," your own clean disciplining Parent (or somebody else) should tell you to stop being bad. You should be good, not bad.

Since then there was no more talk for me to hear on that subject. And I was rarely invited to speak at conferences after that, too.

The point of protecting their Not-OK Child was to be able to perpetuate their nefarious activities and pleasures. But they could have a "good conscience." They get around having a conscience by receiving repetitive, exhilarating effects of lots of "You are OK" strokes from each other and the ones they can con, con good people into giving them; for example with (undeserved) awards, lots of game activity, AND practicing skills that net them one up on so many "adversaries."

Their operational diagram looks like this.



Here the "I Am-Not-OK" side of the Child is the dominant aspect of the Child, doing naughty and bad things to other people. The internal structure of the (external) committee (trio) "Parent" keeps on encouraging this Not-OK child, AND these real living committee members rehearse and encourage them (their subjects) until they get it "right." And, too, efforts and performance are rewarded by bribes, supplying their individual appetites: girls, booze, power, status, recognition, etc.

What I advocated is that it is better for a person to be a good Child; there is less effort spent on "protecting." This is accomplished first by having a real Parent inside with a real and fixed value system.

This (real) Parent, when disciplining, will come on with a set of "I am O.K." conditional O.K. strokes. This real Parent requires the Child comply with the request made to it, in order to get-on-with that real Parent.

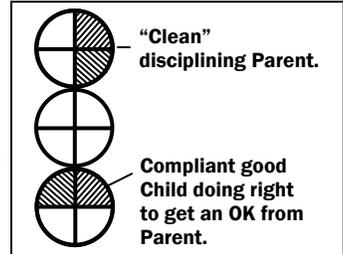
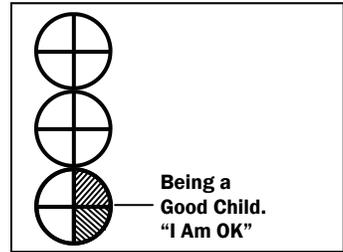
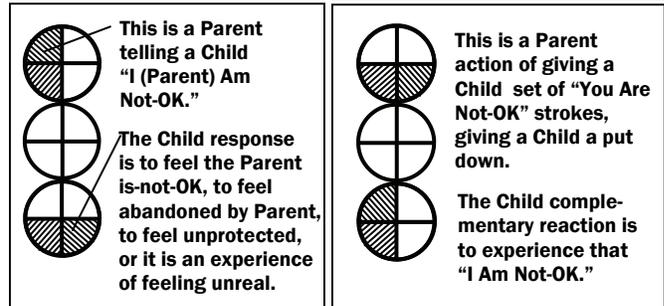
A real grown Parent gives real nurturing by giving "You Are-OK" "unconditional & free" O.K. strokes.

These are respectively called clean disciplining and clean nurturing.

Dirty disciplining" occurs when the usually "toy" Parent gives (only) "You Are-Not-OK" strokes to the Child: "You're stupid," "You dumb shit," "You moron, idiot," and other "put-down" epithets.

"Dirty nurturing" takes place when the Parent is telling the Child that they, the Parent is Not-OK. "I treated you so bad (when you were a child)," "I feel so guilty for what I did to you (then)," "It hurts me more than it hurts you (before or while the punishment takes place)," and other similar Not-OK Parent exclamations or actions.

What is described above as happening inside one set of stacked circles, one personality structure, can also be drawn out as transactional events between two people: one from his Parent and the other one from his Child.



The Rackets People Play

This is the Diagram AND Theory of Racket Behaviors.

For all practical purposes this theory AND diagram are applicable to both Social Behavior Rackets and Anti-Social Behavior Rackets. For example, the antisocial terrorism racket is aimed at coercing people to give up freedom, liberty, AND join up with socialism (negatism). However, whether or not they join up, they are still subject to the antisocial vandalism of the terrorists, and being swept up in a big Get-Rid-of, killing activity or persuaded that resistance against terrorists is hopeless and therefore that resistance will GET-NOWHERE-WITH the terrorists. The best so far offered, is to keep the terrorists on hold, so they Get-Nowhere-With the free people; to keep them from getting anywhere with the potentially terrorizable populace. This is essentially a rear-guard, holding kind of activity against terrorists.

This theory and diagram was previously referred to as "Psychological Rackets in The OK Corral: Grid For What's Happening." Coercive Behavior is a much more accurate term.

Behavior is measurable, observable and it does not take another person's interpretation to tell you what you see. The event can speak directly to you. "Psychological" too, tends more to be out of sight, to be the "invisible." When you see and define what is happening before your very own eyes you are less likely to be conned by the admonition that "You should give him the benefit of the doubt." We are more concerned here with what anyone can see and measure for himself.

Racket behavior is best understood in terms of the outcomes that arise from racketeering activities. The DIAGRAM and THEORY best suited to outcome events is The OK Corral: Grid For What's Happening.

In brief, The Grid For What's Happening enables one to classify the outcomes, the results of activities and behaviors into four naturally occurring classes. Each of these classes of outcomes has its own characteristic set of behavior forces that have brought about the social outcome. Behavior forces are also sometimes referred to as behavior dynamics.

The outcome results of (human encounter) social events are operational in nature. This is to say that, as a result of how an event plays out, there will be consequences, on the direction of future events of these parties. AND it is also to say that the outcome of a social event is the result of the operating stroking forces at play of the parties involved in the particular encounter prior to the conclusion of the encounter between them.

The four classes of outcome for (human) events

- in the colloquial are:
1. I **Get-On-With** you
 2. I **Get-Rid-Of** you
 3. I **Get-Nowhere-With** you,
 4. I **Get-Away-From** you.

A Brief Summary:

1. As shown in the OK Corral diagram "I have a **Get-On-With** you outcome to our encounter is the result of a combination of I AM OK **AND** YOU ARE OK strokes."
2. "I have a **Get-Rid-Of** you outcome to our encounter when our stroking ends with a combination of I AM OK **AND** YOU ARE NOT-OK."
3. "I have a **Get-Nowhere-With** you outcome to our encounter occurs when the stroking in it ends with I AM NOT-OK **AND** YOU ARE NOT-OK."
4. "I have a **Get-Away-From** you outcome to our mutual encounter when the stroking between us ends with I AM NOT-OK **AND** YOU ARE OK."

By definition an outcome is the result of two sets of events. It is the result of how I Am and how you are RELATIVE TO EACH OTHER AT OUR CONCLUSION.

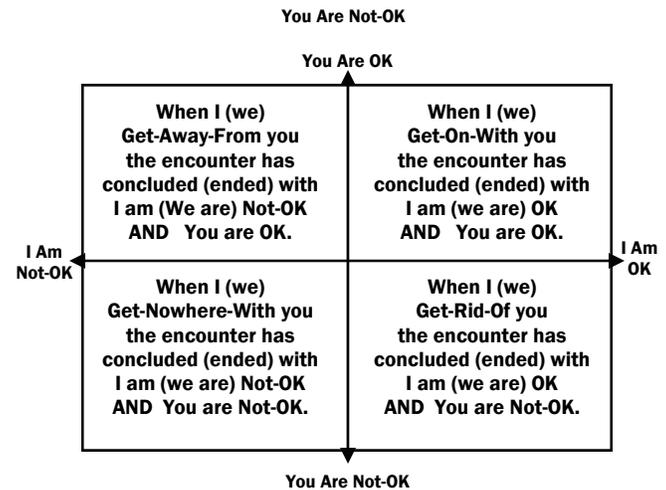
The Grid For What's Happening is essentially a self teaching set of diagrams and theory. There are no new words, no specialized terminology.

The diagram to the right shows the Grid for What Happened to John and Jack. An event you were not a party to.

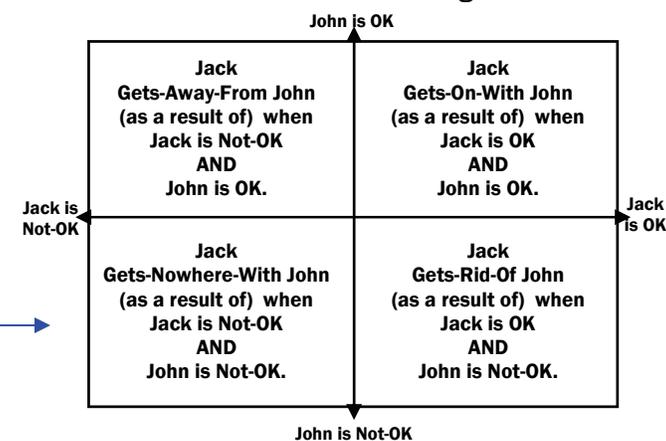
Mutual Interplay and Reciprocity of the Grid for What's Happening:

When one thing happens to me it is reasonable to expect there will be a complementary outcome for you also, as a result of our encounter. Shown at the upper right.

OK Corral: Grid for What's Happening



Jack's OK Corral when dealing with John





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"Mastery of the universe is proportional to the symbols man has by which to represent his universe."

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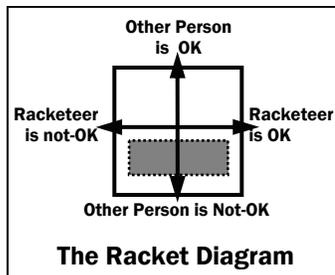
Showing the classes of operational outcomes as initials at the center of the diagram.

"PUT-DOWN" OR RACKET BEHAVIOR:

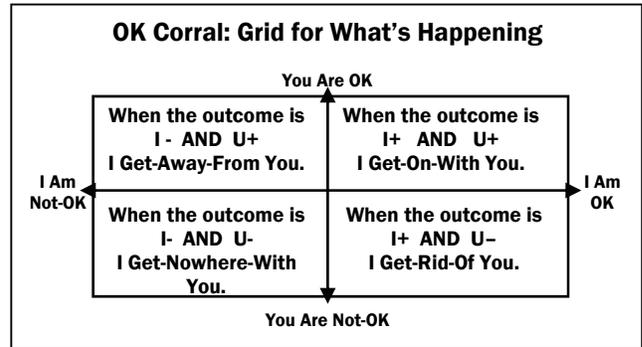
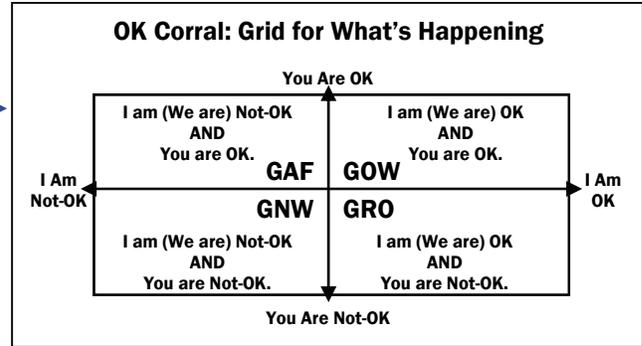
A put down is distinguished from a racket. Jeering, sneering, leering, belittling, ridiculing, demeaning are "put-downs." "You stupid - -!" is a put-down. Calling someone by a profane or obscene term is a put-down. While it is true that some behavior rackets can be a very skillfully programmed putdown, what some have even referred to as THE **IMMACULATE PUT-DOWN**, this is not the general case.

A racket is defined as a specialized display of feeling by one person here, the racketeer, which places a burden on the other person, victimizes him.

A racket has the effect of restricting the recipient's choices. The choices left to the person being racketeered with, are either to flee (get-away-from) the situation OR become mired down in (get-nowhere-with) the racket, with a racketeer.



The "open lattice" box enclosure is drawn across both lower quadrants of the OK Corral here in order to show the social effects of a person playing a racket. This is to show that the effect on the other person is to restrict his



choices with the racket player down two out of the possible four; down to the racket player either getting rid of the other person or miring the other person down into getting nowhere with him.

Origins of Racket Behavior

Racket behavior is the quality of behavior which originates during childhood development at almost precisely 18 months of age. Rackets are specialized displays of feelings which occur during social transactions by which a "You're not OK" quality of stroke can be forcefully delivered to another person. Children learn that by giving these kinds of strokes to their parents they are (better) able to keep their parents anchored to themselves, e.g. for purposes of survival.

The rackets children learn are a form of emotional display behavior that unequivocally informs the parent that "You are not

OK if you don't pay attention to me, don't hold me, don't do something for me, or don't stop doing something to me." And the child learns this and is able to effectively organize and portray this, has developed the neurological-biological equipment to behave in this manner by the time he is about 18 months old.

To burst into tears if that's what counts in the family, to have a temper tantrum if that's what will routinely arrest the attention of the rest of the family, draw the attention of one or both of the parents. Maybe a "hurt feeling" scream works better in the Franco family, while in the Philip family a pouting form of "hurt feeling" is the most efficient at drawing attention to a family member. Whatever it is that the child has worked out AND counts in the family will be the racket(s) the child becomes most skilled at showing.

To be continued